



## Sleep School spring 2018

Sleep school is open for all students and seniors who are interested in basic mechanisms of sleep.

The topic of the Sleep School spring program is early development and plasticity.

- 1.2 Tarja Stenberg: Basics and development of circadian rhythms
- 22.2** Eero Castren: Reactivation of critical period plasticity in adult brain
- 15.3 Liisa Kuula-Paavola: Developmental normativity in sleep – from prenatal programming to early adulthood
- 19.4** Janne Grönli: title to be announced
- 24.5 Henna-Kaisa Wigren: Neurobiological mechanisms on the relationship between development of brain and sleep

A related topic will be Olena Santangeli's defense 20.4.2018 at 12 h in lecture hall 3, Biomedicum1. The title of the dissertation is: "Sleep and depression: developmental aspects and molecular mechanisms".

Lectures and discussion in a small group will take place at the Institute of Biomedicine, Department of Anatomy (1<sup>st</sup> floor meeting room), Biomedicum Helsinki, Haartmanninkatu 8 at either 13.00 (marked with bold in the program) or 14.00 on Thursdays, once a month.

Participation in the program gives one credit per year.

All sleep researchers and those interested in sleep are welcome!  
If you have any questions, contact Tarja Stenberg at [tarja.stenberg@helsinki.fi](mailto:tarja.stenberg@helsinki.fi)